

## **Hemp Seed**

Give your nutrition a lift with hemp seed, which is 100% Australian Certified Organic, and is imperative for your diet if you value your health.

The great thing about hemp is that it offers you superb nutrition if you're on a vegan diet, and is completely safe if you're allergic to soy.

With hemp you can add all the essential amino acids to your diet, as well as antioxidants, healthy fatty oils, protein, and other nutrients like folate, calcium and iron.

And are you conscious about your weight? Well, hemp is low in carbs too.

You can use hemp with a clear conscious, because like with our clothing range, all our hemp seed is grown in a way that shows care for our planet.

Are you ready for a boost in your health with hemp seed? Take a look to see what we have to offer you!